

## **ILORIN/IBADAN RADIO MAGAZINE**

### **IRETI-EDA**

#### **EPISODE 17: Couple Communication: How to Talk to Your Partner about FP**

1. **MUSIC:** **THEME MUSIC AND FADES UNDER THE HOST'S VOICE**
2. **YINKA:** My people at home, you are welcome again to another interesting episode of your program, my program, our program, Ireti-Eda part of the 'Get it Together' Campaign. I am your host, Olayinka Owoyemi aka Yinkus, the only iyalode of the airwaves
3. **BOSUN:** And I am also here, gladly assisting Yinkus. My name is Bosun aka Da Boss.
4. **YINKA:** You know what has been really amazing Bosun?
5. **BOSUN:** What is that?
6. **YINKA:** The volume of text messages we receive on this program.
7. **BOSUN:** That is good. I think that goes to show that our people are really listening and learning. That gladdens my heart
8. **YINKA:** Especially since last week when we discussed how husbands can support family planning. I believe more and more people are really taking this matter seriously
9. **BOSUN:** Just as they should. But what has the text messages been about?
10. **YINKA:** Mostly on how couples can talk to each other about family planning and we have aunty Adunni to help us with that. But before she comes into the studio, we will listen to our drama
11. **BOSUN:** **(EXCITEDLY)** Yes. I want to hear what Abokede and Bello have been up to. You know how I love good love stories.
12. **CUE IN:** **FLUTE AND EWI TO INTRODUCE DRAMA**
13. **CUE IN:** **EPISODE 17 OF DRAMA FOR 12 MINUTES**
14. **YINKA:** Wow, isn't that sweet. Bello and Abokede are just perfect for each other. Hmm, I'm missing my husband.

15. **BOSUN:** Ah ah Yinkus, why do you like intimidating we that are unmarried like this?
16. **YINKA:** Ah Bosun, but you have Sade now. Why are you not marrying her yet?
17. **BOSUN:** Well it's because I don't want the same thing that is happening to Oyemade and Folashade in the drama to happen to us. What if it doesn't work?
18. **YINKA:** That doesn't make sense Bosun and you know it. If you don't want that to happen, then marry her. Or is it until she gets pregnant before you do?
19. **BOSUN:** Pregnant ke? She can't get pregnant like that o. Me, I can't make that mistake o. I use condoms every time. No surprise baby I beg (**CHUCKLES**) I practice what I preach
20. **YINKA:** Ah, good for you then. My people at home, the program is still ireti Eda and I am still Yinkus. We will have aunty Adunni in the studio shortly to answer all your questions but before then DJ play us some music...
21. **MUSIC BREAK: CUE IN MUSIC:**
22. **BOSUN:** Welcome back. The program is still Irete Eda and that music was Dami duro by David O. Hope you enjoyed it.
23. **YINKA:** We have aunty Adunni in the studio
24. **FANFARE: SOUND OF CLAPS AND CHEERS AS AUNTY ADUNNI COMES INTO STUDIO**
25. **YINKA:** Welcome to our program aunty Adunni
26. **ADUNNI:** Thank you Yinkus, it's always a pleasure
27. **YINKA:** Aunty Adunni, our program last week on how husbands can support FP generated a lot of interest. I received a lot of calls and text messages. Even neighbours stopped me to express opinions and ask questions....
28. **ADUNNI:** Really? That's good
29. **YINKA:** Yes. Let me read one text for you. It is from Kafayat in Sabo. It reads *aunty Adunni, you said in the program that couples*

*should talk to each other about FP. I tried to do that once and it didn't go well. Please what can I do?*

30. **ADUNNI:** Ah Kafayat. I wish you can tell us why it didn't go well. But let me give you some pointers. Before you raise the issue of FP with your spouse, you must first learn the facts about FP
31. **YINKA:** Yes that's true. And you can get all the facts you need from this program and other radio programs like this
32. **ADUNNI:** Apart from listening to this program, you can also visit a service provider. Get a brochure or pamphlet on FP from them and read up. Just be sure to get the correct information first. That is when you can approach your partner because by then, you know what to discuss with him
33. **YINKA:** That's true
34. **ADUNNI:** And after you have all the information you need, you must find a good time to discuss it. Please make sure that it is when your spouse is relaxed and happy.
35. **YINKA:** Yes o. My husband for example, you can get anything from him once his football team wins a match. But if they lose, don't just bother!
36. **BOSUN:** And for some of us, it is after a good meal, you know
37. **YINKA:** (LAUGHS) Bosun, won o ni fi ounje gbe e lo (I pray you don't get kidnapped because of food)
38. **ADUNNI:** But it is true o Yinka. Every couple should know when their partner is in a receptive mood to hear what they have to say
39. **YINKA:** This other message is from Olanrewaju in Ilorin. He wrote *I have a girlfriend. I hope to get married to her as soon as I can. But I want to plan my family from now. However, I don't know how to tell her about FP in such a way that she won't feel like I'm just playing her*
40. **BOSUN:** Wow, I fully relate with that guy. Some girls think that once you start talking about FP before you get married, that you just don't want them to get pregnant so that you can leave them dry later

41. **ADUNNI:** I think that just brings us back to knowing what family planning really is. You know I keep saying that before you discuss FP with your partner, you must learn what you can about it
42. **BOSUN:** Yes
43. **YINKA:** Going back to Olanrewaju's question. Lanre, it is good that you want to plan your family now. Just call your girlfriend. Both of you should discuss how many children you want to have, when you want to start having the children and how much space do you want between each child
44. **YINKA:** And that in short is what family planning is about
45. **ADUNNI:** Yes. Because when you do this, you will have just the number of children you can cater for. Your children can go to the best schools and you and your partner will have time for each other
46. **YINKA:** So how does the FP methods come in
47. **ADUNNI:** Both of them will have to discuss what method of FP they want to adopt. They have to mutually agree. And they can do this with the help of a service provider
48. **YINKA:** Yes o. And the good thing about discussion issues like this with your spouse is that you will find it easier to discuss other issues as well. And this brings you both closer
49. **ADUNNI:** That's true
50. **BOSUN:** You know I particularly like the fact that the last question came from a man.
51. **YINKA:** Yes, that is to show you that anyone can start a conversation on FP. Be it the man or the woman.
52. **ADUNNI:** And I will encourage our listeners. Don't just discuss and leave it at that o. Act! Do something! Visit a Provider. After you both agree on what to do, take concrete steps to start
53. **YINKA:** Yes that's true. You can also call us or send an SMS if you have any question. I will give you the number to call at the end of the program. But first, let's listen to this music
54. **MUSIC BREAK: CUE IN MUSIC**

55. **BOSUN:** Welcome back to the program. It's still Irete-Eda and that music was **Won kere si number wa** by Fatai Rolling Dollar
56. **YINKA:** Now to our quiz segment of the program, our question for today: In the drama, what is Folashade doing to avoid getting pregnant. You can send in your answer via SMS to this number .....
57. **BOSUN:** If you would like to know where you can access FP services, you can call ..... or go to a chemist, pharmacy or drug seller with a sign that reads 'Get it together' and has a blue, yellow and orange puzzle pieces logo. You can also follow us on our facebook link at 'Get it together Ibadan/ Ilorin page
58. **YINKA:** I had a great time on the program today. And I hope you all did too. Till next episode, bye!
59. **MUSIC:** **THEME MUSIC UP & UNDER PROGRAMME  
SPONSORSHIP & BY-LINE (GET IT TOGETHER, PLAN  
YOUR FAMILY)**